



MARFORSOC PR/SERE REQUIRED GEAR LIST



Student must always have on their person during field training:

- (1) Boonie cover, MARPAT/ACUs OCP, service issued boots, service T-shirt, underwear/PT Shorts and socks (recommended wool/smart wool).
- (1) LBE/LBV or equivalent, (Pouches to carry equipment)
- (2) Water carrying devices w/ carriers
- (1) Canteen Cup
- (1) First Aid Kit
- (1) Survival Kit (**Provided**)
- (1) Fire starting device (**Provided**)
- (1) Signaling device (Signaling Mirror or Camouflage paint kit w/mirror)
- (1) Bottle iodine tablets or equivalent (**Provided**)
- (1) Whistle (**Provided**)
- (1) Watch (wrist compass or watch compass recommended)
- (1) Fixed blade knife (**Provided**, personal is authorized)
- (1) Multi-tool
- (1) Camouflage paint kit
- (1) Pair eye protection with **CLEAR LENSES only (Not optional)**
- (1) Pair gloves (Leather, Nomex Flight gloves, or Mechanix)
- (1) Notetaking Gear
- (1) Package of map pens and (1) protractor
- (1) Headlamp w/red lens or (1) Flashlight w/ red lens
- (1) Prescription glasses

Required field gear (in your pack):

- (1) Mountain Ruck/ ALICE pack or equivalent
- (1) 550 cord (Min 50 ft / max 100 ft)
- (1) MARPAT/ACUs OCP
- (7) Pair socks (recommended Wool/Smart Wool)
- (2) T-shirts
- (2) Pair underwear
- (1) Camel Back (Third carrying device)
- (1) pair of service issued (**not optional**), (Students must have a minimum of **two pairs** of boots. The second pair can be neutral colored nonstandard OVER the ankle)
- (1) E-Tool with cover
- (1) Poncho Liner
- (1) Issued Digital Poncho or Tarp
- (1) Gore-Tex top
- (1) summer sleeping bag with Gore-Tex Bivvy Shell (Poncho Liner/Ranger roll will suffice)
- (1) USMC Kit bag/Sea bag/ or Service equivalent (see photos on the last page)
- (1) addition set of Prescription glasses
- Waterproof bags (Issued, off the shelf, trash bags – enough to waterproof gear)



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Hygiene Kit (Required):

- (1) Field wipes (or baby wipes)
- (1) Large bottle of Body/Foot powder
- (1) Sewing kit
- Females (1) pack of pads minimum. **(No Tampons-Not Optional)**

Seasonal Items - (1 Oct-15 Apr)

- (1) Gore-Tex bottom
- (1) Warming layer top
- (1) Warming layer bottom
- (1) Service issued sleeping system (complete)
- (1) Fleece Cap

Urban Training Gear:

- (3) Appropriate Civilian Attire (must have closed toed shoes, and shorts are not permitted)
- (1) Civilian Go-bag (Recommended, but not required. E.g., Jansport backpack, Northface, fanny packs, purses etc.)

Optional Items:

- Compass
- Bug repellent / uniform spray
- Toothbrush/Floss
- Chap stick (non-medicated)
- Snap link (subdued)
- Poly sleeping mat
- Sling rope
- Bungee cord(s)
- Petroleum jelly
- 3-Day assault pack

Prohibited Field Items:

- Cell phones or any portable electronic devices other than those issued by PR/SERE Staff
- Food, Supplements or energy drinks, gels or bars, snacks
- Medications not approved by MARSOC Medical personnel.
- Pyrotechnics, or Firearms
- Alcohol/Tobacco
- Jewelry (Rings, necklaces, bracelets)
- Contact Lenses
- ID card, driver's license, credit card, money of any kind
- No machetes, swords, or axes
- No Handcuff Keys

STUDENTS WHO DO NOT HAVE THE REQUIRED GEAR WILL BE SUBJECT TO A SPOT REPORT. ACCUMULATION OF SPOT REPORTS CAN RESULT IN DISMISSAL FROM THE COURSE.

*** This list is not all inclusive. No additional items permitted unless noted on this gear list or issued by PR/SERE Staff.



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Examples of Service issues Sea Bags/Kit bags/ Army Duffle bags:

